## Advantages for having commercial gas wok to do the cooking

The main advantage of wok beyond its constructed material is its curved concave shape. The shape produces a small, hot area at the bottom which allows some of the food to be seared by intense heat while using relatively little fuel. The large sloped sides also make it easier for chefs to employ the tossing cooking technique on solid and thick liquid food with less spillage and a greater margin of safety. Curved sides also allows a person to cook without having to "chase the food around the pan" since bite-sized or finely chopped stir-fry ingredients usually tumble back to the center of the wok when agitated.

The curve also provides a larger usable cooking surface versus western-styled pots and pans, which typically have vertical edges. This allows large pieces of food seared at the bottom of the wok to be pushed up the gently sloped sides to continue cooking at a slower rate. While this occurs another ingredient for the same dish needing high heat is being cooked at the bottom. The pointed bottom also allows even small amounts of oil to pool. As such, large food items can be shallow fried, while finely chopped garlic, hot peppers, green onions, and ginger can be essentially deep-fried in both cases with very small amount of cooking oil.

We repair, maintain, service and install all commercial – domestic gas, commercial catering appliances, commercial – domestic air-conditioning, refrigeration, commercial laundry appliances services, commercial - domestic air-conditioning sytem, commercial - domestic refrigeration & freezer, commercial - domestic LPG, commercial – domestic heating, plumbing and multi trade services to all types of commercial and residential customers. All of our services are offered to types of customers:

On top of what we offer above - we also Whatever the problem you have is, whether or, with Plumbing, Heating, Gas, Air-Conditioning & Ventilation, Electrical Services, Building & Carpentry Services, LPG Services, Glazing Services, Locksmith Services, Solar Panel Heating

& Hot Water System, Moiling Services.

## Commercial Gas Catering Appliance Repairs - Gas Catering Installation

- Commercial	Fryers	in pub	& res	stauran	t
Chargrills					

- Commercial cooker
- Electric Fryers
- commercial properties
- Gas Fryers experts
- Range ovens, Range Burner Cookers making machines
- Grills / Salamanders
- Commercial toasters
- Falcon commercial burner ovens catering equipments
- Commercial Imperial Burner Ovens, Gas barbecue ovens
- Commercial convection oven Repairs
- Polin commercial ovens
- Commercial Gas Bratt Pan Cookers

Gas Japati making machine

- Gas Safe Catering Engineers

Repairs

- Commercial Catering Maintenance **Appliances Servicing** 

- Commercial Gas Safety Certificate

**Appliance Annual Services** 

- Commercial Oven repairs
- Oven repairs
- Gas Fryer repairs
- Hotplate Installers
- Boiling Top Grill- Griddle

- Hot Cupboard

- Commercial Griddles,
- Cooking Bratt Pan -Range burners in
- Panini maker repairs
  - Pizza, Pasta, Kebab
- Commercial hob unites
- Commercial pasta boilers
- Lincat commercial
  - -Commercial blue seal
- Lotus Commercial Fryers
- -Gas Bratt Pan
  - -Gas Tandoori Machine,
- Commercial Catering
- Commercial Catering
- Commercial Gas Catering
- -Commercial Microwave
- Hot plate repairs
- -Range Cooker
- Deep Fat Fryer
- -24 Hour Commercial Char
- -Chip Scuttle, Water Boiler

Repairs - Pasta Boiler - Commercial Lotus Fryer specialist - Char Grill Installation	-Deep Fat Fryer -Boiling Top -Emergency Griddle Repair &
- Hot Cupboard	-Bakery oven Repairs,
Baking oven emergency breakdown - Commercial Griddles	-Kabab making machine
repair and servicing - Kabab Cater-Grills & Roller Grills 24 Hours repair	-Pizza oven grill machine
- Commercial Steam boiler for cooking	-Commercial Pasta Boiler
- Commercial Microwaves repair expert	-Bains Marie's Repair
- Heated grantry's repair,installation breakdown, Chinese Wok Installers	-Oriental Gas Wok
- Commercial Solid Tops installer	-Commercial Water Boilers
- All electric cooking appliances,cookers,ovens,machines catering appliance supply	-Catering pipe work for
- Mixers repair engineer	-Commercial Bratt Pan
- Heated grantry's reapir,installation	- Oriental Gas Wok
breakdown, Chinese Wok Installers	

- Commercial Solid Tops installer	- Commercial Water Boilers
- All electric cooking appliances,cookers,ovens,machines catering appliance supply	- Catering pipe work for
- Rational Self Cooking Catering repairs new white efficiency cooking oven	- 24HR commercial rational
- Emergency Rational white efficiency combi oven cooking centre installation	- Rational White self
- New Rational white efficiency cooker approved engineers cooking combi oven approved installers	- Catering rational self
- Commercial Rational Self Cooking Catering (white efficiency) approved engineers	) combi oven, cooker
Commercial Interlock System Installation - Gas Interlock Syste	em Repair Specialists
<ul> <li>Gas Safety Interlock Systems and Safety Proving Devices</li> <li>Interlock Systems</li> <li>Flue-Boost Fans and Gas Safety Interlock Systems</li> <li>Interlocsk System Expert in London</li> </ul>	<ul><li>Ventilation and Gas</li><li>Commercial Gas</li></ul>

South East London: SE1 covers the Waterloo, Bermondsey, Southwark (South Bank & The Borough) &north Lambeth area, London Bridge, Tower Bridge, SE1 Borough, SE1 Bermondsey Westminster Bridge, London Eye plumbing and heating engineer SE1 Lambeth North, SE1 London Bridge, SE1 Westminster Bridge, SE1 Waterloo, South Bank, Southwark, SE1 Cathedral ,SE1 Old Kent Road , New Kent Road ,SE1 Riverside , Walworth SE1 St. John's Wood, SE2 Abbey Wood (includes Thamesmead South), ,SE2 Bostall Woods, SE2 West Heath Commercial gas boiler service London Southwark & Bermondsey SE1, Commercial gas boiler service London Abbey Wood SE2, Commercial gas boiler service London Blackheath SE3, Commercial gas boiler service London Brockley SE4, Commercial gas boiler service London Camberwell SE5, Commercial gas boiler service London Catford SE6, Commercial gas boiler service London Charlton SE7, Commercial gas boiler service London Deptford SE8, Commercial gas boiler service London Eltham SE9, Commercial gas boiler service London Greenwich SE10, Commercial gas boiler service London Kennington SE11, Commercial gas boiler service London Lee SE12, Commercial gas boiler service London Lewisham SE13, Commercial gas boiler service London New Cross SE14, Bromley & Kent: BR1 Bromley, Bickley, BR1 Downham Bromley, Lewisham, BR2 Bickley, Hayes, Bromley Common, Shortlands, BR2 Keston, BR3 Beckenham, Eden Park, Elmers End, Park Langley, Western area of Shortlands Bromley, Lewisham, BR4 West Wickham, BR5 Orpington, St Paul's Cray, St Mary Cray, Petts Wood, BR6 Orpington, Farnborough, Downe, Pratt's Bottom, Chelsfield, Well Hill Bromley, Sevenoaks, BR7 Chislehurst, Elmstead, BR8 SwanleyCommercial gas boiler service London Peckham SE15, Commercial gas boiler service London Rotherhithe SE16, Commercial gas boiler service London Walworth SE17, Commercial gas boiler service London Woolwich SE18, Commercial gas boiler service London Norwood SE19, Commercial gas boiler service London Anerley SE20, Commercial gas boiler service London Dulwich SE21, Commercial gas boiler service London East Dulwich SE22, Commercial gas boiler service London Forest Hill SE23, Commercial gas boiler service London Herne Hill SE24, Commercial gas boiler service London South Norwood SE25, SE3 Blackheath, Westcombe Park (also covers Kidbrooke), , SE3 Blackheath London , Blackheath , SE3 Westcombe Park, SE4 Brockley, Crofton Park, Honor Oak Park, SE4 Brockley, Crofton Park SE4 Honor Oak Park, SE5 Camberwell, SE5 Camberwell, SE5 Denmark Hill, SE5 Camberwell, Denmark Hill, SE6 Catford, SE6 Bellingham, Catford SE6 Hither Green gas boiler service and installer, Hither Green, Bellingham, SE7 Charlton, SE7 Charlton, SE8 Deptford, SE8 Deptford High Street Commercial gas boiler service London Sydenham SE26, Commercial gas boiler service London West Norwood SE27, Commercial gas boiler service London Thamesmead SE28.Commercial gas boiler service East London, Commercial gas boiler service London Aldgate E1, Commercial gas boiler service London Bethnal Green E2, Commercial gas boiler service London Bow & Old Ford E3, Commercial gas boiler service London Chingford E4, Commercial gas boiler service London Clapton E5, Commercial gas boiler service London East Ham E6, Croydon: CR0 Croy don

**Addiscombe** 

Shirley Addington **New Addington** Forestdale Waddon Beddington CR2 South Croydon Sanderstead Selsdon , Part of **Addington** , CR3 Caterham . CR3 Whyteleafe Chaldon Woldingham , CR4 Mitcham , Beddington Corner, CR5 Coulsdon , Parts of Chipstead and Woodmansterne, CR6 Warlingham , parts of Chelsham and Farleigh, CR7 **Thornton Heath** , CR8 Purley

Kenley

, CR8 Croydon Commercial gas boiler service London Forest Gate E7, Commercial gas boiler service London Hackney E8, Commercial gas boiler service London Homerton E9, Commercial gas boiler service London Leytonstone E11, Commercial gas boiler service London Manor Park E12, Commercial gas boiler service London Plaistow E13, Commercial gas boiler service London Poplar E14, Commercial gas boiler service London Stratford E15, Commercial gas boiler service London North Woolwich & Victoria Docks E16, Commercial gas boiler service London Walthamstow E17

